


# East Haddam Senior Center January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>CLOSED!!</b>  Happy New Year!	2 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	3 8:15 Pilates 1:00 Game Day
6 8:15 Pilates 12:00 B.P. Clinic	7 9:00 Tai Chi 9:00 Reiki 9:00 <b>Shopping/ Crmw.</b> 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	8 8:15 Pilates 9:00 <b>Casino</b> 10:00 Coloring 1:00 Wii Bowling	9 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help	10 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
13 8:15 Pilates 1:00 Club Mtg.	14 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	15 8:15 Pilates 10:00 Coloring 1:00 Corn Hole	16 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Blood Drive	17 8:15 Pilates 1:00 Game Day
20 <b>CLOSED!!</b>  Martin Luther King Day!	21 9:00 Tai Chi 9:00 Reiki 9:00 <b>Shopping/ O.S.</b> 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	22 8:15 Pilates 10:00 Coloring 1:00 Wii Bowling	23 9:00 Tai Chi 10:00 Knitting 10:30 C.O.A. Mtg. 10-12 Computer Help 1:00 BINGO	24 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
27 8:15 Pilates 1:00 Jam Session	28 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	29 8:15 Pilates 10:00 Coloring 1:00 Corn Hole	30 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 12:00 Souper Bowl	31 8:15 Pilates 1:00 Game Day